**Hazleton Area Career Center**

**Practical Nursing Program**

**COURSE TITLE: PERSONAL VOCATIONAL RELATIONSHIPS**

**PLACEMENT: LEVEL I**

**TOTAL HOURS: 25 HOURS (INCLUDING FAMILY – 15 HOURS)**

**Course Description:** This course introduces the basic principles of the role of the Practical Nurse and the importance of a clear understanding of the history of nursing. It discusses the legal and ethical issues of professional practice and introduces health related agencies within the health care system. Therapeutic and non-therapeutic communication skills are explored. The course introduces a variety of family situations and relationships within these households. It also emphasizes different types of abuse.

**Methods of Instruction:** To implement the program, the instructor will utilize the following methods of instruction:

1. Lecture and Discussion

2. Visual Aids

3. Assignment of related readings and discussion of readings

4. Power Point Presentation

5. Smartboard

**Methods of Evaluation:** 1. Class participation

2. Written assignments

3. Examinations - satisfactory achievement on all examinations (83%)

4. Achievement of course objectives

5. Student evaluation of course

6. Computer Laboratory

**Texts:**

Knecht, Signe S.; Howlett, Helen A.; Success in Practical Nursing, 9th Edition; W.B. Saunders, 2021

Anderson, Caring for Older Adults Holistically, F.A. Davis, 7th Edition, 2019

Linton, Introducion to Medical-Surgical Nursing, 7th Edition, Elsevier 2020

Leifer, Introduction to Maternity and Pediatric Nursing, 8th Edition, Elsevier 2019 (Chapter 15)

**OBJECTIVES**:

At the completion of this course, the student practical nurse will:

1. Discuss the importance of adjusting to student life in the practical nursing program.

2. Describe the communication process.

3. Identify basic human needs and how they relate to patient care.

4. Discuss need satisfaction according to Maslow and Erikson.

5. List personal and professional standards of nursing.

6. Compare progress made in nursing from past to present.

7. Discuss the various religious, cultural and ethnic groups.

8. Differentiate responsibilities of the practical nurse from those of the registered nurse.

9. Discuss the code of ethics and legal aspects of nursing.

10. Define Nurse Practice Acts and their purpose.

11. Discuss the health care facilities in the community and their functions

12. Identify the patients who have special needs.

13. Discuss the family as a social system, shared values and their effect on behavior.

14. Discuss the influence and importance of the family unit on each member through the life cycle.

Reviewed 2021

**Units of Instruction:**

Class

Hours Unit I – Orientation 1

Part I - Adjusting to Student Life

Part II - The Student Nurse as a Person

Unit II - Nursing From Past to Present 1 Unit III - Practical/Vocational Nursing Education 1

PVR

Unit IV - Nursing Theory/Nursing Process 1

Unit V - The Health Care System 1

Unit VI - Today's Health Care Facilities and Patient Care Team 1

Unit VII - The Patient: Focus of Nursing Care 2

Unit VIII - Ethical and Legal Responsibilities in Health Care and Nursing Practice 2

Unit IX - Structure of Family 3

Part I - Modern Family

Part II - Needs of Family

Unit X - Relationships of Family Members 3

Family

Part I - Effects of Illness on Family

Part II - Basic Functions

Unit XI - Family Function and Tasks 3

Unit XII - Changes in Modern Society and Effect on Family Unit 2

Unit XIII - Specific Problems Encountered by Families 2

Review and Examinations 2

\_\_\_\_\_  **Total Hours**  **25**

\* Final grade determined by the following percentage:

PVR = 40% (Exam/ Quizzes)

Family = 50% (Exam/ Quizzes)

= 10% (Paper)

100%

Reviewed 2021

**Hazleton Area Career Center**

**Practical Nursing Program**

**Bibliography**

Olsen, D. J., Keilman, L. J.; Ethical issues: the moral distress of nurses when patients forgo treatment because of cost*.* *American Journal of Nursing* volume 120 (9) September 2020

Reviewed 2021

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|  | COURSE OUTLINE | | | |  |
|  | PERSONAL VOCATIONAL RELATIONSHIPS - 10 Hours | |  |  |  |
|  | Unit Objectives | Content | Teacher Activity | Student Activity |  |
|  | Knecht Chapter(s) 1, 2, 5, 12 |  |  |  |  |
|  | 1. Discuss what is meant by | I. Adjusting to student life | Lecture & Discussion | Student will: |  |
|  | learning styles | A. Personal Learning Styles |  | 1. Describe major learning styles |  |
|  |  | B. Critical Thinking | Assign small groups and | (visual, auditory, tactile) |  |
|  |  | C. Note Taking | facilitate group discussion |  |  |
|  | 2. Identify importance of | D. Test Taking |  | 2. Identify importance of |  |
|  | motivation and discipline | E. Positive Attitude | Handout (Learning Styles) | positive attitude |  |
|  |  | F. Nursing Process |  |  |  |
|  |  |  |  | 3. Identify how the two sides of |  |
|  |  |  |  | the brain are associated with |  |
|  |  |  |  | the learning process |  |
|  |  |  |  |  |  |
|  |  |  |  | 4. Identify techniques that enhance |  |
|  |  |  |  | understanding of information |  |
|  |  |  |  | needed to be a practical nurse |  |
|  |  |  |  |  |  |
|  | Knecht Chapter(s) 5, 8, 10,13 |  |  |  |  |
|  | 1. Discuss the human needs | II. The Student Nurse as a Person | Lecture & Discussion | Student will: |  |
|  | theory | A. Physical/Emotional Health |  | 1. Identify the physiological and |  |
|  |  | B. Communication Techniques |  | psychological needs of the |  |
|  | 2. Describe physiological and | 1. Therapeutic |  | patient |  |
|  | psychological health | 2. Non-therapeutic |  |  |  |
|  |  | C. Critical Thinking/Problem |  | 2. Describe behavior and attitude |  |
|  | 3. Describe Maslow's hierarchy | Solving |  | and their importance to |  |
|  | of needs | D. Cultural Differences in Communication |  | personal and professional |  |
|  |  |  |  | development |  |
|  | 4. Describe therapeutic |  |  |  |  |
|  | communication techniques |  |  | 3. Explain the steps in problem |  |
|  |  |  |  | solving |  |
|  |  |  |  |  |  |
|  |  |  |  | 4. Identify therapeutic |  |
|  |  |  |  | communication techniques |  |
|  | Reviewed 2021 |  |  |  |  |
|  | PERSONAL VOCATIONAL RELATIONSHIPS - 10 Hours | |  |  |  |
|  | Unit Objectives | Content | Teacher Activity | Student Activity |  |
|  | Knecht Chapter(s) 4, 14, 16, 17, 18 |  |  |  |  |
|  | 1. Discuss the role of the | III. History and Trends of Practical | Lecture & Discussion | Student will: |  |
|  | practical nurse throughout | Nursing |  | 1. Discuss important people and |  |
|  | history | A. Evolution of Practical | Assign related readings | events that influenced changes |  |
|  |  | Nursing into Nursing Practice | Review (page 63 Box 4 -2) | in practical nursing |  |
|  | 2. Describe the formal training | B. Modern Nursing |  |  |  |
|  | for practical nursing | C. Role Changes in Practical |  | 2. Identify the year in which the |  |
|  |  | Nursing |  | first school of practical nursing |  |
|  | 3. Discuss entry into nursing | D. Nursing Trends |  | was founded |  |
|  | practice |  |  |  |  |
|  |  |  |  | 3. Identify licensure for practical |  |
|  | 4. Discuss 20th Century: |  |  | nursing |  |
|  | Organization/Law/Licensing |  |  |  |  |
|  |  |  |  | 4. Describe how practical nursing |  |
|  |  |  |  | evolved into nursing practice |  |
|  |  |  |  |  |  |
|  | Knecht Chapter(s) 7, 14, 19 |  |  |  |  |
|  | 1. Explain the difference between | IV. Practical Vocational Nursing | Lecture & Discussion | Student will: |  |
|  | the terms "professional" and | Education | Handout | 1. Describe the educational |  |
|  | non-professional" | A. "Professional"/ | Facilitate Grouped Discussion | preparation for the registered |  |
|  |  | "Non-Professional" | Review Appendix B page 321 | nurse and the licensed practical |  |
|  | 2. Discuss the various types of | B. Types of Nursing Programs |  | nurse |  |
|  | nursing programs | C. Practical Nursing Programs |  |  |  |
|  |  | D. Standards for the Licensed/ |  | 2. Discuss the procedure for |  |
|  | 3. Discuss the standards for the | Vocational Nurse |  | obtaining a license as a |  |
|  | licensed practical/vocational | E. Licensing |  | Practical/Vocational Nurse |  |
|  | nurse |  |  |  |  |
|  |  |  |  | 3. List some reasons for revoking |  |
|  | 4. Discuss the Nurse Practice |  |  | or suspending a nursing license |  |
|  | Act |  |  |  |  |
|  |  |  |  | 4. Discuss the role of the practical |  |
|  |  |  |  | nurse in the nursing process according |  |
|  |  |  |  | to the Nurse Practice Act of PA |  |
|  | Reviewed 2021 |  |  |  |  |
|  | PERSONAL VOCATIONAL RELATIONSHIPS - 10 Hours | |  |  |  |
|  | Unit Objectives | Content | Teacher Activity | Student Activity |  |
|  | Knecht Chapter(s) 13,12 |  |  |  |  |
|  | 1. List the four phases of the | V. Nursing Theory and Nursing | Facilitate group discussion | Student will: |  |
|  | nursing process | Process |  | 1. Describe the benefits of the |  |
|  |  | A. Relationship of Nursing |  | nursing process |  |
|  | 2. Describe the practical nurse's | Theory to Nursing Practice |  |  |  |
|  | role in the nursing process |  |  | 2. Discuss a nursing care plan |  |
|  |  |  |  |  |  |
|  | 3. Describe the various nursing |  |  | 3. Explain the function of NANDA |  |
|  | theories |  |  |  |  |
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|  | Knecht Chapter 16 |  |  |  |  |
|  | 1. Define health care provider, | VI. Health Care Delivery System | Lecture & Discussion | Student will: |  |
|  | health care service, health care | A. Levels of Care |  | 1. Discuss the sources of health |  |
|  | financing | 1. Primary |  | insurance |  |
|  |  | 2. Secondary |  |  |  |
|  | 2. List major sources of health | 3. Tertiary |  | 2. Identify the levels of health care |  |
|  | insurance | B. Regulation of Health Care |  |  |  |
|  |  | Providers |  | 3. Explain the purpose of health care |  |
|  | 3. Identify levels of health care | C. Financing |  | regulatory agencies |  |
|  |  | D. Health Care Agencies and |  |  |  |
|  |  | Organizations |  | 4. Describe methods of financing |  |
|  |  |  |  | health care costs |  |
|  | Reviewed 2021 |  |  |  |  |
|  | PERSONAL VOCATIONAL RELATIONSHIPS - 10 Hours | |  |  |  |
|  | Unit Objectives | Content | Teacher Activity | Student Activity |  |
|  | Knecht Chapter 14 |  |  |  |  |
|  | 1. Discuss the health care | VII. Today's Health Care Team | Lecture & Discussion | Student will: |  |
|  | delivery system | A. Nursing Team |  | 1. Discuss the nursing role in the |  |
|  |  | 1. Licensed Personnel |  | health care delivery system |  |
|  | 2. Identify members of the health | 2. Unlicensed Personnel |  |  |  |
|  | care team | 3. RN: |  | 2. Discuss the role of the nursing |  |
|  |  | a. Diploma |  | team in patient care |  |
|  | 3. Discuss delivery of client | b. Associate |  |  |  |
|  | services | c. Baccalaureate |  | 3. Identify licensed and unlicensed |  |
|  |  | 4. Practical Nurse |  | personnel |  |
|  |  | B. Methods Used to Deliver |  |  |  |
|  |  | Nursing Services |  | 4. Describe methods used to |  |
|  |  | 1. Functional |  | deliver nursing services |  |
|  |  | 2. Team |  |  |  |
|  |  | 3. Primary |  |  |  |
|  |  | 4. Patient-focused Care |  |  |  |
|  |  |  |  |  |  |
|  | Knecht Chapter 10,11 |  |  |  |  |
|  | 1. Discuss cultural and ethnic | VIII. The Patient: Focus of Nursing | Lecture & Discussion | Student will: |  |
|  | differences in clients | Care |  | 1. Identify difference between the |  |
|  |  | A. Cultural and Ethnic | Facilitate group discussion | spiritual and emotional dimensions |  |
|  | 2. Identify the various religious | Differences |  | of individuals |  |
|  | groups | B. Religion |  |  |  |
|  |  | C. Patient Differences |  | 2. List nursing interventions that can |  |
|  | 3. Identify specific needs as they | D. Visitors: Family and Friends |  | be used to meet the spiritual needs |  |
|  | relate to patient differences | E. Nurse - Patient Interaction |  | of clients |  |
|  |  | F. Patient Safety |  |  |  |
|  | 4. Discuss religious beliefs or |  |  |  |  |
|  | absence of them, and how they |  |  |  |  |
|  | influence nursing practice |  |  |  |  |
|  | Reviewed 2021 |  |  |  |  |
|  | PERSONAL VOCATIONAL RELATIONSHIPS - 10 Hours | |  |  |  |
|  | Unit Objectives | Content | Teacher Activity | Student Activity |  |
|  | Knecht Chapter(s) 6, 7 |  |  |  |  |
|  | 1. Explain the relationship | IX. Ethical Issues in Health Care | Lecture & Discussion | Student will: |  |
|  | between nursing ethics and | A. Nursing and Ethics |  | 1. Discuss various ethical problems |  |
|  | the law | B. Accountability in Nursing |  | that could arise during a nurse/ |  |
|  |  | C. Patient's Bill of Rights |  | patient relationship |  |
|  | 2. Define terms commonly used |  |  |  |  |
|  | in Nurse Practice Act |  |  | 2. Explain why ethics are important |  |
|  |  |  |  | in nursing |  |
|  | 3. Discuss the principles of ethics |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  | 1. List two sources of laws and | X. Legally Responsible for Nursing | Lecture & Discussion | Student will: |  |
|  | give examples of each | Practice |  | 1. Discuss the sources of laws |  |
|  |  | A. Sources of Laws |  |  |  |
|  | 2. Explain the association among | B. Nursing Practice and the Law |  | 2. Explain the purpose of malpractice |  |
|  | responsibility, accountability, |  |  | insurance |  |
|  | and legal liability | XI. Legal Concerns | Give Final Exam |  |  |
|  |  | A. Employer Liability |  | 3. Discuss how nurses can assist in |  |
|  |  | B. Incident Reports |  | preventing malpractice claims |  |
|  |  | C. Informed Consent |  |  |  |
|  |  | D. Client Directives |  | 4. Obtain passing grade of at least |  |
|  |  | 1. Living will |  | 83% on the final exam |  |
|  |  | 2. Durable power of attorney |  |  |  |
|  | Reviewed 2021 |  |  |  |  |
|  | FAMILY - 15 Hours |  |  |  |  |
|  | Unit Objectives | Content | Teacher Activity | Student Activity |  |
|  | Linton Chapter(s) 3, 4 |  |  |  |  |
|  | 1. Define family and | I. Structure of the Family | Lecture & Discussion | Student will: |  |
|  | characteristics of family | A. Modern Family Function |  | 1. Prepare a list of family situations |  |
|  | structure | B. Changes in the Family | Assignments | common today |  |
|  |  | C. Needs of each Family Member |  |  |  |
|  | 2. Discuss the changes that effect | D. Family Cultures and Values |  | 2. Search local news media for |  |
|  | the modern family |  |  | articles dealing with families |  |
|  |  |  |  |  |  |
|  | 3. Identify the social influences |  |  | 3. List positive and negative |  |
|  | that effect family life |  |  | influences of families |  |
|  |  |  |  |  |  |
|  | 1. Discuss the influence of the | II. Relationships of Members of a Family | Lecture and Discussion | Student will: |  |
|  | family upon the patient as a | A. The Effects of Illness on the |  | 1. Identify some changes in relationships |  |
|  | person, and the nurse's role | Family | Facilitate group discussion | observed when a person became ill |  |
|  |  | B. Communication - Verbal and |  |  |  |
|  | 2. Discuss basic function of family | Nonverbal |  | 2. Discuss articles obtained from media |  |
|  |  | C. Basic Functions and Goals |  |  |  |
|  |  |  |  |  |  |
|  | 1. Describe the development tasks | III. Family Function and Tasks | Lecture & Discussion | Student will: |  |
|  | encountered as the family | A. Providing for Physical Health | on Genealogy | 1. Prepare a list of needs of |  |
|  | progresses through stages | B. Providing for Mental Health |  | family members as the unit develops |  |
|  |  | C. Socializing Members |  |  |  |
|  | 2. Discuss the stages of the | D. Reproducing |  | 2. Paper on Cultural Diversity |  |
|  | nuclear family cycle | E. Providing economic well being |  | Define/Explain personal cultural practices, |  |
|  |  |  |  | Impact of cultural differences in nursing |  |
|  |  | IV. Stages of Family Life Cycle |  |  |  |
|  |  | A. Transitional |  |  |  |
|  |  | B. Expanding Family |  |  |  |
|  |  | 1. Establishment |  |  |  |
|  |  | 2. Childbearing |  |  |  |
|  |  | 3. Childrearing |  |  |  |
|  |  | C. Contracting Family |  |  |  |
|  |  | 1. Child launching |  |  |  |
|  |  | 2. Aging |  |  |  |
|  | Reviewed 2021 |  |  |  |  |
|  | FAMILY - 15 Hours |  |  |  |  |
|  | Unit Objectives | Content | Teacher Activity | Student Activity |  |
|  |  |  |  |  |  |
|  | 1. Describe the different types of | V. Changes in Modern Society and | Lecture & Discussion | Student will: |  |
|  | American family structure | Their Effect on the Family Unit |  | 1. Identify problems faced by the |  |
|  |  | A. Nuclear |  | different family situations |  |
|  |  | 1. Dual career |  |  |  |
|  |  | 2. Nuclear dyad |  | 2. Prepare a list of social pressures |  |
|  |  | 3. Commuter |  | you and your friends have |  |
|  |  | B. Single Adult |  | experienced (group work) |  |
|  |  | C. Kin Network |  |  |  |
|  |  | D. Binuclear |  | 3. Discuss critical thinking exercises |  |
|  |  | E. Blended/Reconstituted |  |  |  |
|  |  | F. Single-Parent |  |  |  |
|  |  | G. Alternative |  |  |  |
|  |  | 1. Communal |  |  |  |
|  |  | 2. Foster |  |  |  |
|  |  | 3. Gay or Lesbian |  |  |  |
|  |  | 4. Unmarried couple/cohabitation |  |  |  |
|  |  |  |  |  |  |
|  | 1. Explain the influences of | VI. Culturally Influenced Components | Lecture & Discussion | Student will: |  |
|  | culture, ethnicity, and religion | A. Cultural Diversity |  | 1. Summarize factors involved in |  |
|  | on the family | B. Barriers to Competent Care | Facilitate group discussion | transcultural nursing in small |  |
|  |  | C. Values and Beliefs |  | group discussions |  |
|  |  | D. Taboos and Rituals |  |  |  |
|  |  | E. Religious/Spiritual Customs and |  |  |  |
|  |  | Traditions |  |  |  |
|  |  | 1. Christian |  |  |  |
|  |  | 2. Judaism |  |  |  |
|  |  | 3. Islam |  |  |  |
|  |  | 4. Eastern Religions |  |  |  |
|  | Reviewed 2021 |  |  |  |  |
|  | FAMILY - 15 Hours |  |  |  |  |
|  | Unit Objectives | Content | Teacher Activity | Student Activity |  |
|  |  |  |  |  |  |
|  | 1. Identify adaptations made when | VII. Specific Problems Encountered by | Lecture & Discussion | Student will: |  |
|  | a person is ill | Families |  | 1. Report on facility for patient |  |
|  |  | A. Community Agencies Available | Leader - role playing | assistance |  |
|  | 2. Locate sources of help for | B. Problem Solving Techniques |  |  |  |
|  | families |  | General review | 2. Review unit objectives |  |
|  |  |  |  |  |  |
|  |  |  | Give exam | 3. Obtain passing grade of at least |  |
|  |  |  |  | 83% on the final exam |  |
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|  | Reviewed 2021 |  |  |  |  |